

Rural Health Training Centre, Sayla, Gujarat

Shree Thakershreebhai Becharbhai Rural Health Training Centre, near Muli Darwaza in Sayla, managed by C.U. Shah Medical College, Surendranagar, is a state of art Day-Care Hospital and centre for training MBBS doctors in the field of Rural Health.

VISION

**“TO BE AN INTERNATIONALLY RECOGNIZED CENTRE OF EXCELLENCE
IN THE FIELD OF RURAL HEALTH CARE.”**

MISSION

- To provide the best of health care facilities to the people of Sayla region at their door-step.
- To be a centre of excellence for Training MBBS Intern Doctors as per Medical Council of India.
- To be a Direct link between the Primary Health Care requirements of the people with the Secondary & Tertiary level of Health Care available at C. U. Shah Medical College Hospital, Surendranagar.
- To be a Model Research Centre that promotes Innovations in Rural Health Care.
- To provide best standards of Post Graduate training to Preventive & Social Medicine Resident Doctors.
- To be a facilitator organization through which State & Central Government Rural Health Programs are successfully implemented at Sayla Region.

Current Activities:-

Free General OPD: 9 am to 2 pm - Morning OPD & 3 pm to 6 pm - Evening OPD

A senior experienced MBBS Doctor examines all patients thoroughly.
Prescription of medicines and minor procedures of Dressing, Suturing etc. is done.
MBBS Intern Doctors assist in examining patients in OPD.

Free Pathological Laboratory: 9 am to 2 pm & 3 pm to 6 pm

Basic Blood & Urine tests done by Qualified Medical Lab Technician under Direct Supervision of visiting Pathologists from C U Shah Medical College Pathology Dept.

Free Dispensary: 9 am to 2 pm & 3 pm to 6 pm

Essential Medicines (Generic Drugs) that are prescribed by the Doctors are given free of cost to all patients.

Free Physiotherapy Treatment: 10am to 12:30 pm from Monday to Saturday

Resident PG (MPT) Physiotherapists of C. U. Shah Physiotherapy College visit RHTC Sayla and provide free treatment using modern physiotherapy Equipments.

Free Vaccination Clinic: 9 am to 1 pm on every Friday

Vaccination Services for children (by Govt. Health Department, Surendranagar.)

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Free Counseling & Health Awareness activities: Daily 9 am to 2 pm & 3 pm to 6 pm

Resident Doctors of MD (PSM) and Intern Doctors (PSM) provide individual counseling to all Patients attending OPD at RHTC Sayla. This includes explaining the disease process to each patient & relatives in Gujarati, using posters, presentations and suggesting “Lifestyle Modifications” for a Healthy life.

House to House Family Survey & Health Data Base: Daily

Intern Doctors under team leadership of MD PSM Residents, do field visits to village houses Daily and Family Health Folders are maintained. This is proactively monitoring Health Status of Rural Population. Our message to People of Sayla: “Please cooperate with the Doctors who Visit your house, it is for your own health benefit.”

Free Specialist’s Consultation: 10 am to 12:30 pm as per following Table:-

MONDAY			Physiotherapy	
TUESDAY	Medicine	Psychiatry	Physiotherapy	
WEDNESDAY	Orthopedics	Dermatology	Physiotherapy	
THURSDAY	Surgery		Physiotherapy	
FRIDAY	Obst. & Gynecology	Pediatrics	Physiotherapy	Vaccination
SATURDAY			Physiotherapy	

Resident PG (MD/MS) Doctors of C. U. Shah Medical College visit RHTC Sayla and provide free examination and consultation. For all patients who require Surgical Treatment, Further Investigations, Treatment by admission are suggested to come to C U Shah Medical College, Surendranagar, where the same doctor’s dept provides definitive treatment in continuity. Follow up of treatment is done at RHTC Sayla.

Health Awareness Program & Health Screening Camp: Once a Month

An innovative method of Group Counseling Activity- Villagers are invited to hear a Senior Specialist Doctor speak in local Gujarati language on one Topic (eg Diabetes or Breast Feeding) and their questions are answered, Doubts related to disease & Treatment clarified. Information regarding the Topic, Speakers & Date is communicated to all villagers in advance.

Multispecialty Mega-camp: Frequently

An innovative Effective Method of Health Screening where Primary (MBBS level) general and Secondary (MD/MS Level) specific examination, free investigation, consultation and free medicines or definitive advice is given on same day. Information regarding Date is communicated to all villagers in advance.

Important Note:

We do not provide 24 hours Emergency Services at present.

Please Telephone to confirm the arrival of the Specialist (Resident MD/MS) Doctors as very rarely the visit may be cancelled / delayed due to any medical emergency at C U Shah Medical College.