




# INTERACTIVE WORKSHOP ON



Research Methodology

**12-02-2019 onwards**

**MEDICAL EDUCATION UNIT  
C. U. SHAH MEDICAL COLLEGE  
SURENDRANAGAR**

**WELCOME**



# **INTRODUCTION TO MEDICAL RESEARCH**

**12-02-2019**

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C. U. SHAH MEDICAL COLLEGE  
SURENDRANAGAR**



???

- Discovery
- Invention
- Intervention
- Innovation
- Systemic
- Systematic
- **Research**

A **discovery** is recognizing something that already exists for the first time, that nobody has found before, e.g. how Christopher Columbus discovered the Americas

An **invention** is creating something totally new with one's own ideas and development. ... e.g. how Thomas Edison **invented** the light bulb.



???

- Discovery
- Invention
- Intervention
- Innovation
- Systemic
- Systematic
- **Research**

**The act of interfering with the outcome or course especially of a condition or process (as to prevent harm or improve functioning) - Intervention**

Innovation is a "new idea, creative thoughts, new imaginations in form of device or method".

However, innovation is often also viewed as the application of better solutions that meet new requirements, unarticulated needs



???

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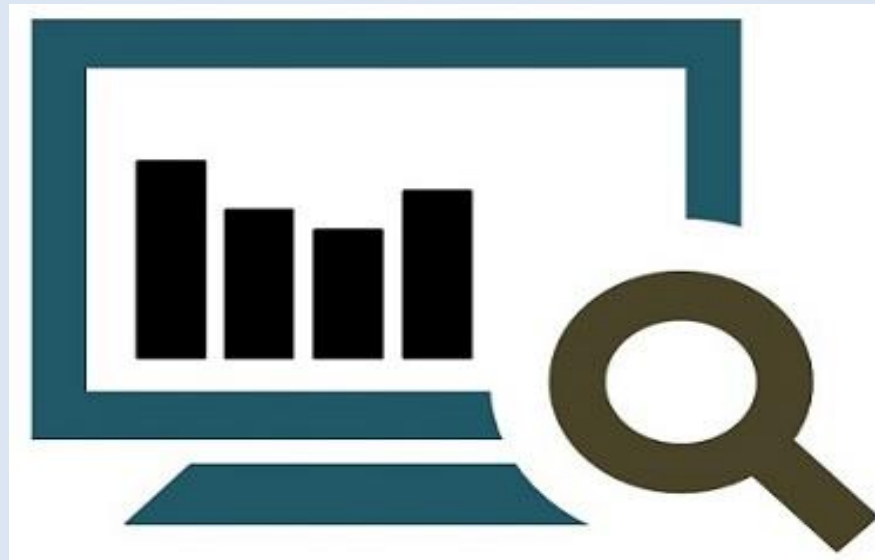
*Systemic* is an adjective which describes something that *affects an entire process or organization..* Mainly used to talk about body systems

*Systematic* is also an adjective. It refers to something that is carried out *in a methodical, organized manner*, like a records audit or a police investigation. Eg your research should be **SYSTEMATICALLY** planned



# Research

- **Research is a systematic collection, analysis, and interpretation of data to answer certain question/s or solve problem/s.**





# Why To Do Research?

- Add to scientific knowledge
- Improve medical and health practices
- Benefit patients and community
- Personal and professional development
- Complete the requisite of a course /study
- To satisfy MCI rules regarding promotion





# Types of Research

- **Primary vs  
Secondary Research**

**Primary research** is one that involves the gathering of fresh data, i.e. when data about a particular subject is collected for the first time, then the research is known as primary one.

**Secondary Research** is one that involves use of information gathered originally by primary research.





# Types of Research

- **Descriptive vs**
- **Analytical Research**



## Descriptive Research

- Fact-finding enquires and survey methods
- Ascertains and describes the characteristics of the issue
- Describes of the state of affairs as it exists at present
- No control over the variables



## Analytical Research

- Collected data is analyzed and explained
- Beyond merely describing the characteristics
- Explains existing state of affairs from available data
- Works within the constraints variables



# Types of Research

- **Qualitative vs Quantitative Research**

**Qualitative research is a method of inquiry that develops understanding on human and social sciences, to find the way people think and feel.**

**To explore and discover ideas used in the ongoing processes.**

**Words, pictures and objects**

**Quantitative research is a research method that is used to generate numerical data and hard facts, by employing statistical, logical and mathematical technique.**

**Numerical data**



# Types of Research

- **Fundamental vs Applied Research**

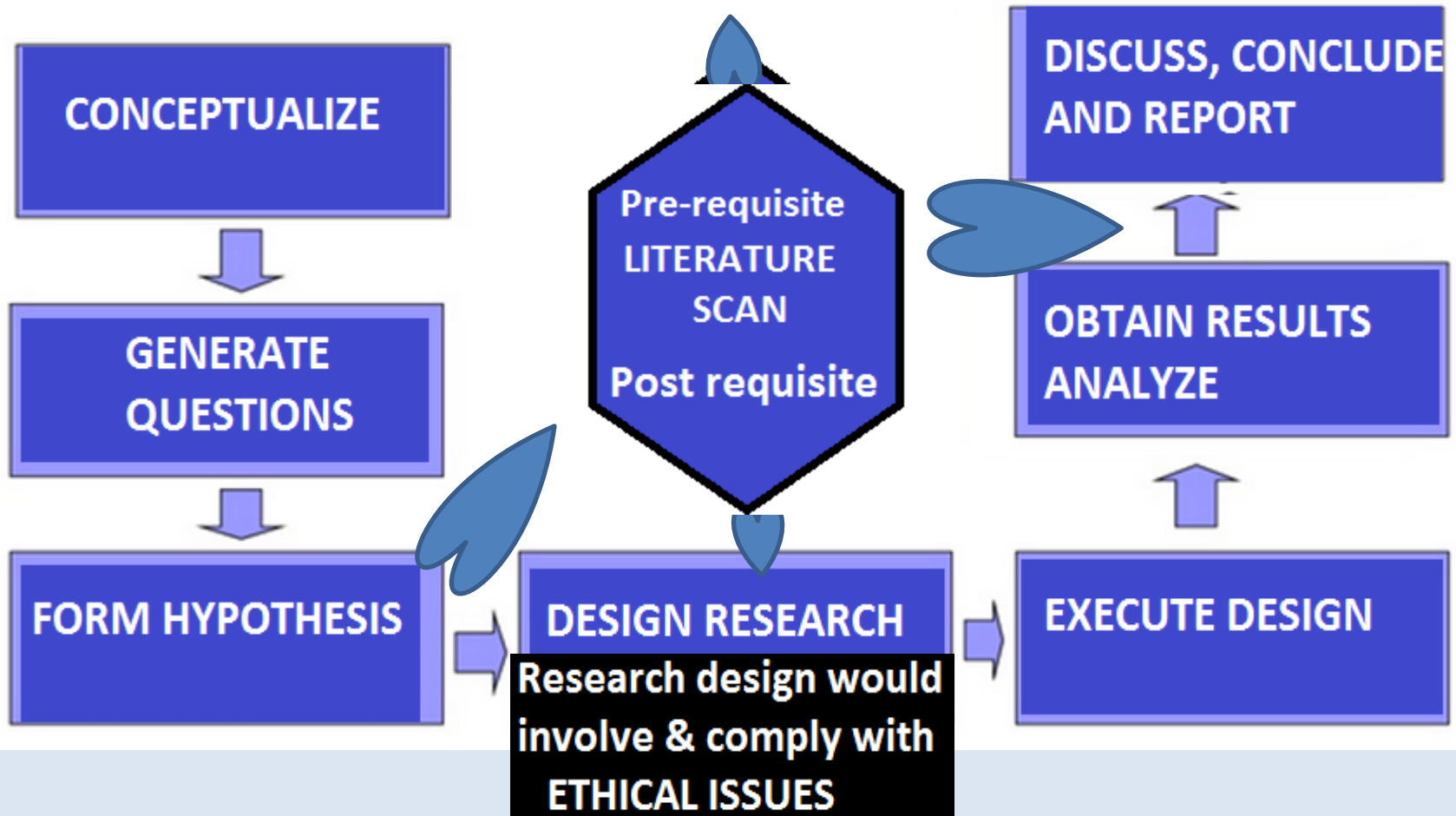
<b>BASIC</b>	<b>APPLIED</b>
<ul style="list-style-type: none"><li>• Expand knowledge<ul style="list-style-type: none"><li>• Curiosity driven</li></ul></li><li>• Answer why, what or how</li><li>• No commercial objectives</li></ul>	<ul style="list-style-type: none"><li>• Based on basic research<ul style="list-style-type: none"><li>• Commercial /clinical objectives</li></ul></li><li>• Answer specific questions</li></ul>



# RESEARCH PROCESS-CHARACTERISTICS



## Flow Chart of Research Process





# **BASIC INITIAL STEPS IN RESEARCH**

## **PRE-INVESTIGATION STEPS:**

**The preparation and plan for the investigation would be as critical, possibly, as the actual investigation**

<b>STEP - 1</b>	<b>CONCEPTUALIZATION OF A RESEARCH PROBLEM</b>
<b>STEP - 2</b>	<b>GENERATION OF RESEARCH QUESTIONS</b>
<b>STEP - 3</b>	<b>FORMATION OF A RESEARCH HYPOTHESIS</b>



# CONCEIVING A PROBLEM





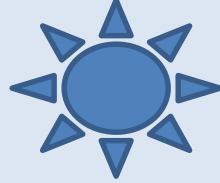
# MOST IMPORTANT ASPECTS OF A RESEARCH PROBLEM



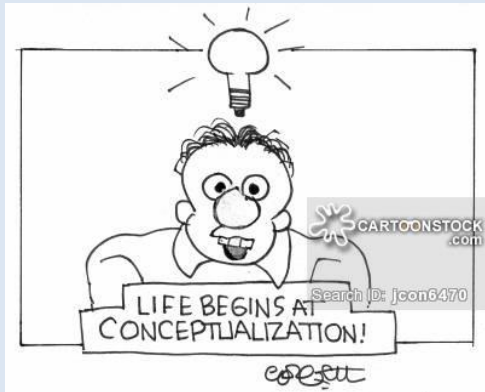
- **“Unknown segment of the universe is much larger than the known segment”**
  - For selection, match the research area to
    - (i) relevance and applicability
    - (ii) interest and expertise of you and your collaborators,  
and
    - (iii) the feasibility of completing the work with available  
resources, time, subjects, tools, etc

Consider the **RESTRAINTS** and **CONSTRAINTS**.  
THE PRACTICALITY. ...





# Conceive a problem that deserves to be considered



\* ANY METHOD

\* ANY TYPE

\* ANY SOURCE

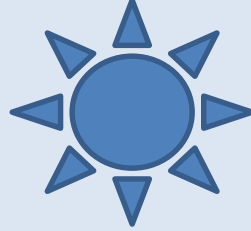
Provided it is



RELEVANT, PRACTICAL AND IN NEED OF  
AN EXPLANATION.







**LET US DO IT !!!!**

# **GROUP ACTIVITY – SEGMENT 1**

**Brain storm and conceive a**

**Research Problem**

**Time : 05 Minutes**

**Do it  
Now  
Now**



# WHAT IS YOUR PROBLEM ?

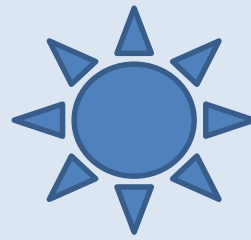
LET US KNOW AND  
DISCUSS ABOUT IT

8 MINUTES

Analyse for:

- \*Relevance
- \*Feasibility
- \* Expertise
- \*Appicability

**Do it  
Now  
Now**



**Breakup the problem**  
**into specific questions**  
**that require answer**





**STEP - 2**

# **GENERATION OF RESEARCH QUESTIONS**





# **RESEARCH QUESTION/S**

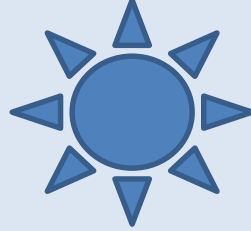
## **BASED ON CONCEPTUALIZATION -**

**WHAT THE RESEARCHER WANTS TO KNOW**

**WHAT IS THE FOCUS OF THE PROJECT ?**

**DOES IT PROJECT THE IDEAS AND  
INTENTIONS OF THE RESEARCHER, CLEARLY ?**

**WHETHER THE ANSWERS WILL HELP TO SOLVE  
THE PROBLEM AND BRING CLARITY ?**



**LET US DO IT !!!!**

**GROUP ACTIVITY – SEGMENT 2**

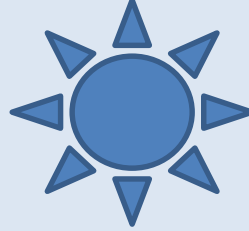
**Develop **four****

**Research questions**

**From**

**Your CONCEPT / PROBLEM**

**Time: 05 minutes**



# GIVE US A PREVIEW OF YOUR QUESTIONS

Let us discuss them  
08 minutes

# RESEARCH HYPOTHESIS

- A hypothesis is a formal tentative statement of the expected relationship between two or more variables under study.



**It indicates proposed outcome of the study**





# **RESEARCH HYPOTHEIS**



**It provides a bridge between  
THEORY and REALITY.**

**With out a HYPOTHESIS,  
Research would be like  
AIMLESS WANDERING.**

**(Except in types of research where  
You may not need a Hypothesis)**



# IS HYPOTHESIS MUST FOR ALL RESEARCH ?



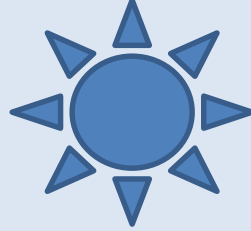
**EXPLORATORY RESEARCH**

**SCIENTIFIC REVIEWS**

**META ANALYSIS**

**CASE REPORTS ETC**

**MUST IN PROBLEM ORIENTED RESEARCH  
WHERE CAUSAL RELATIONSHIP/S AND/OR  
COMPARATIVE EFFECT/S ARE EVALUATED**



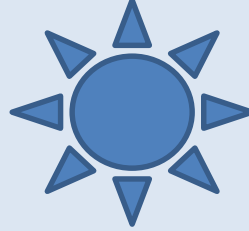
**LET US DO IT !!!!**

**GROUP ACTIVITY – SEGMENT 3**

**FORM A RESEARCH HYPOTHEIS**

**FROM PROBABLE ANSWERS TO YOUR  
QUESTIONS**

**Time 05 minutes**



**LET US DO IT !!!!**

**GIVE US A PEEK IN TO**  
**Your HYPOTHESIS**



# NULL HYPOTHESIS ?

- **The starting point is by forming the NULL HYPOTHESIS.**
- **i.e. Assuming that your hypothesis is WRONG**
- **When you have evidences and facts to show that NULL HYPOTHESIS is not TRUE**
- **indirectly proves that YOUR HYPOTHESIS COULD BE RIGHT.**
- **Even if you find NULL HYPOTHESIS to be right, that also is an important finding.**



# NULL HYPOTHESIS ?

- TO AVOID **BIAS** OF INTENTION IN RESEARCH  
All your objectives & methods will be primarily aimed at proving your hypothesis **WRONG**.



# What is a good Research?

- **Clear statement of the problem**
- **Meticulously planned**
- **Clear and detailed study design**
- **Actual and Factual reporting of observations**
- **Appropriate data analysis**
- **Systematic, Logical, Empirical, Replicable results**



**the take-home message**



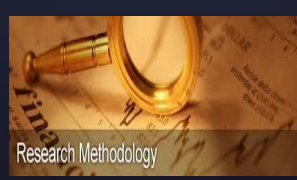
# “F I N E R” RESEARCH

- **F = Feasible (Practicable)**
- **I = Interesting (Involvement)**
- **N = Novel (New)**
- **E = Ethical (No conflicts)**
- **R = Relevant (applicable)**



the take-home message





Thank  
You

